



# OFFICE-BASED TREATMENT OF OPIOID DEPENDENCE with BUPRENORPHINE

(DAY 1)

**Sponsor:** Case Western Reserve University

Co-Sponsors: The American Society of Addiction Medicine

The Ohio Society of Addiction Medicine The Veterans Addiction Recovery Center, Louis Stokes – Cleveland VA Medical Center

(DAY 2)

**Sponsor:** The American Society of Addiction Medicine

Co-Sponsors: Case Western Reserve University

The Ohio Society of Addiction Medicine
The Veterans Addiction Recovery Center,
Louis Stokes – Cleveland VA Medical Center

June 4-5, 2004 Cherry Valley Lodge 2299 Cherry Valley Road

Newark, Ohio

# OFFICE-BASED TREATMENT OF OPIOID DEPENDENCE with BUPRENORPHINE

#### **OVERVIEW**

This course is presented in two related segments. Day 1 provides an overview of the office-based management of patients with addictive disease, with special emphasis on prescription drug abuse and pain management complicated by addiction. Day 2 of the course is focused on the appropriate use of buprenorphine. The Drug Addiction Treatment Act of 2000 (PL106-310, Section 3502) permits physicians who are trained or experienced in opioid addiction treatment to obtain waivers to prescribe certain narcotic drugs in Schedule III, IV, or V of the Controlled Substances Act, in their office practices or in a clinic setting, for the treatment of opioid dependence. Both buprenorphine and the combination of buprenorphine with naloxone are approved by FDA for use in detoxification and maintenance treatment of opioid dependence.

As part of the requirements to obtain the waiver, physicians without specified experience must complete not less than 8 hours of training. The American Society of Addiction Medicine (ASAM) is authorized to provide this training. Physicians who complete this course will meet the training qualification under the new law and will receive an ASAM certificate of attendance suitable to send to the Secretary of HHS along with the request for the waiver. If you give ASAM permission to do so, ASAM will report your name directly to the Secretary of HHS within 4 weeks of the program, if you have attended the full 8 hours of Day 2, eliminating the need for you to send the ASAM certificate of attendance.

#### WHO SHOULD ATTEND

This program is recommended for primary care physicians, addiction physicians, general psychiatrists, and pain management physicians.

#### EDUCATIONAL DESIGN AND METHODOLOGY

This program will use large lectures, case studies, role-playing and patient interviews.

#### LOCATION

The program will be held at the Cherry Valley Lodge, 2299 Cherry Valley Road, Newark, Ohio 43055. The Cherry Valley Lodge can be reached at (800) 788-8008 or (740) 788-1200. A confirmation letter and map will be mailed to you.

#### LEARNING OBJECTIVES

#### DAY 1

After attending this session, participants will be able to:

- Discuss the principles of a chronic illness model of chemical dependence
- Utilize the CAGE Questionnaire for addiction screening
- Perform the diagnostic workup of a chemically dependent patient
- Describe the therapeutic benefit of a brief intervention
- Utilize the SOAPE and DEATH mnemonics when presenting the diagnosis
- Utilize the substance abuse assessment algorithm to guide treatment plans
- Reformulate a treatment program with a patient who has relapsed
- Describe the magnitude and severity of the problem of substance use in Seriously Mentally Ill (SMI) patient populations
- Identify the diagnostic criteria for substance dependence and acute chronic pain

#### DAY 2

After attending this session, participants will be able to:

- Describe prerequisites for a physician to begin to prescribe buprenorphine in office-based practice
- Discuss clinically relevant pharmacological characteristics of buprenorphine
- Identify factors to consider in determining if a patient is an appropriate candidate for office-based treatment
- Describe induction and maintenance protocols
- Discuss strategies for integrating psychosocial care with office-based pharmacological treatment
- Discuss treatment strategies for management of chronic and acute pain in patients in maintenance treatment for opioid dependence

#### **ACCREDITATION**

The Case University is accredited by the Accreditation Council for Continuing Medical Education to provide Continuing Medical Education for Physicians.

#### DAY 1

The Case School of Medicine designates this educational activity for a maximum of 8 hours in Category 1 credit toward the AMA's Physician Recognition Award. Each physician should claim only those hours of credit that he/she actually spent in the educational activity.

#### DAY 2

The American Society of Addiction Medicine designates this educational activity for a maximum of 8 hours in Category 1 credit toward the AMA's Physician Recognition Award. Each physician should claim only those hours of credit that he/she actually spent in the educational activity.

#### **ACKNOWLEDGEMENTS**

We gratefully acknowledge Reckitt Benckiser for their support of this program.

# AGENDA

| FRIDAY, JUNE 4      |   |  |  |
|---------------------|---|--|--|
| DAY 1               |   |  |  |
| 7:30 am - 8:00 am   | Registration and Continental Breakfast                |  |  |
| 8:00 am - 8:10 am   | Welcome, Course Overview and Introductions            |  |  |
|                     | Theodore V. Parran, Jr., M.D.                         |  |  |
| 8:10 am - 9:10 am   | <b>Epidemiology and Natural History of Addiction</b>  |  |  |
|                     | Theodore V. Parran, Jr., M.D.                         |  |  |
| 9:10 am - 10:10 am  | Screening in the Outpatient Setting                   |  |  |
|                     | Theodore V. Parran, Jr., M.D.                         |  |  |
| 10:10 am - 10:30 am | Refreshment Break                                     |  |  |
| 10:30 am - 11:30 am | Addiction Assessments                                 |  |  |
|                     | Christina Delos-Reyes, M.D.                           |  |  |
| 11:30 am - 12:30 pm | <b>Brief Interventions</b>                            |  |  |
| •                   | Christina Delos-Reyes, M.D.                           |  |  |
| 12:30 pm - 1:30 pm  | Lunch break - Box lunches provided                    |  |  |
| 1:30 pm - 2:30 pm   | Negotiating a Treatment Plan                          |  |  |
|                     | Theodore V. Parran, Jr., M.D.                         |  |  |
| 2:30 pm - 3:30 pm   | Long-term Monitoring of Addiction in the              |  |  |
|                     | Outpatient Setting                                    |  |  |
|                     | Theodore V. Parran, Jr., M.D.                         |  |  |
| 3:30 pm - 3:45 pm   | Refreshment Break                                     |  |  |
| 3:45  pm - 4:45  pm | Prescription Drug Abuse                               |  |  |
|                     | Theodore V. Parran, Jr., M.D.                         |  |  |
| 4:45 pm - 5:45 pm   | <b>Chronic Pain and Opioid Prescribing Decisions</b>  |  |  |
|                     | Theodore V. Parran, Jr., M.D.                         |  |  |
|                     |   |  |  |
| SATURDAY, JUNE 5    |   |  |  |
| DAY 2               |   |  |  |
| 7:30 am - 8:00 am   | Registration and Continental Breakfast                |  |  |
| 8:00 am - 8:35 am   | <b>Legislation Authorizing Office-based Treatment</b> |  |  |
|                     | with Buprenorphine                                    |  |  |
|                     | Theodore V. Parran, Jr., M.D.                         |  |  |
| 8:35 am - 8:45 am   | Introductions around the small group                  |  |  |
|                     | discussion tables                                     |  |  |

All Faculty

| 8:45 am - 9:30 am   | Pharmacology of Opioids, Buprenorphine, and            |  |  |
|---------------------|--|--|--|
|                     | Buprenorphine/Naloxone                                 |  |  |
|                     | Theodore V. Parran, Jr., M.D.                          |  |  |
| 9:30 am - 9:55 am   | Efficacy and Safety of Buprenorphine Products          |  |  |
| 0.00 um             | Theodore V. Parran, Jr., M.D.                          |  |  |
| 9:55 am - 10:15 am  | Refreshment Break                                      |  |  |
| 10:15 am - 10:45 am | Patient Assessment and Selection for Office-based Care |  |  |
| 10.10 um            | Sybil Marsh, M.D.                                      |  |  |
| 10:45 am - 11:15 am | Overview of Small Group Discussion Method              |  |  |
| 10.10 um 11.10 um   | Small Group Case Discussion #1                         |  |  |
|                     | All Faculty  |  |  |
| 11:15 am - 12:00 pm | Applied Pharmacology: Induction/Maintenance/           |  |  |
| 11.10 um 12.00 pm   | Detoxification with Buprenorphine                      |  |  |
|                     | Chris Adelman, M.D.                                    |  |  |
| 12:00 pm - 1:00 pm  | Lunch break – Box lunches provided                     |  |  |
| 1:00 pm - 1:30 pm   | Treating Opioid-dependent Patients in Office-          |  |  |
| 1.00 p.m            | based Practice: Office Management, Confidentiality,    |  |  |
|                     | Medical Record Keeping, Protections Against            |  |  |
|                     | Diversion of the Medication                            |  |  |
|                     | Chris Adelman, M.D.                                    |  |  |
| 1:30 pm - 1:55 pm   | Psychiatric Comorbidity and Opioid Dependence          |  |  |
| 1 1                 | Christina Delos-Reyes, M.D.                            |  |  |
| 1:55 pm - 2:20 pm   | Medical Comorbidity and Opioid Dependence              |  |  |
|                     | Sybil Marsh, M.D.                                      |  |  |
| 2:20 pm - 2:50 pm   | Small Group Case Discussion #2                         |  |  |
| 2:50 pm - 3:05 pm   | Refreshment Break                                      |  |  |
| 3:05  pm - 3:35  pm | Special Populations (Emphasis on Pregnancy and         |  |  |
|                     | on Acute and Chronic Pain)                             |  |  |
|                     | Theodore V. Parran, Jr., M.D.                          |  |  |
| 3:35  pm - 4:05  pm | Small Group Case Discussion #3                         |  |  |
|                     | All Faculty  |  |  |
| 4:05  pm - 4:35  pm | Incorporating Nonpharmacologic Treatments into         |  |  |
|                     | Office-based Care                                      |  |  |
|                     | Chris Adelman, M.D.                                    |  |  |
| 4:35 pm - 5:05 pm   | Small Group Case Discussion #4                         |  |  |
| 5:05 pm - 5:15 pm   | Questions and Wrap-Up                                  |  |  |
|                     | Theodore V. Parran, Jr., M.D.                          |  |  |

# **FACULTY**

## Theodore V. Parran, Jr., M.D.

Course Director
Associate Professor of Medicine,
Case School of Medicine
Medical Director, Veterans Addiction
Recovery Center, Louis Stokes Cleveland VAMC

### Chris Adelman, M.D.

President OSAM, Medical Director, Rosary Hall Recovery Program St. Vincent Charity Hospital

## Christina Delos-Reyes, M.D.

Assistant Professor of Psychiatry, Case School of Medicine Director, Addiction Psychiatry Fellowship University Hospitals of Cleveland

## Sybil Marsh, M.D.

Assistant Professor of Family Medicine, Case School of Medicine Staff Physician, Cleveland Treatment Center

All the above faculty are ASAM certified, Suboxone certified physicians, and members or officers of OSAM.

#### DISCLOSURE

Current guidelines require that participants in CME activities be made aware of 1) any relevant financial relationships between speakers and commercial entities, 2) discussion of off-label or investigational uses of medication and/or devices, and 3) any limitations in the data cited. This information has been requested from all faculty and will be incorporated into the syllabus distributed during the activity. All faculty have agreed to abide by HIPAA (patient health information privacy) regulations.

#### FOR MORE INFORMATION

For registration information contact Brooks Knobel by phone at (888) 362-6784, fax (864) 288-4608 or visit our websites at http://cme.cwru.edu, www.asam.org, and www.buprenorphine.samhsa.gov.

# REGISTRATION

The Registration Fee for this program is \$200 per person. This registration fee includes tuition, educational materials, and indicated meals and breaks. All registrations will be accepted on a space-available basis. Registration Fees are refundable less a \$25 administrative fee if a participant cancels by May 21, 2004. No refunds will be made after May 21, 2004. All requests for refunds must be made in writing.

All participants must present a photo I.D. when signing in at the program.

Complete the form below and mail it with a check payable to "The American Society of Addiction Medicine" (or complete credit card information) and send to:

**Brooks Knobel** 

33 Market Point Drive

Greenville, SC 29607

To register with a credit card, call (888) 362-6784 or fax this form to (864) 288-4608.

### **REGISTRATION FORM**

| Name   |                |                         |            |  |
|--|----------------|-------------------------|------------|--|
| Degree   | S <sub>J</sub> | Specialty               |            |  |
| Address  |                |                         |            |  |
| City   |                | State                   | Zip        |  |
| Social Security Number (last 4                 | digits)        |                         |            |  |
| Phone  | Fax            | E-mail                  |            |  |
| ☐ I will be requesting C                       | ontinuing E    | ducation Credit         |            |  |
| Checks payable to: The A My check is attached  |                | ciety of Addiction Medi | icine      |  |
| To pay by credit card, co  ☐ Mastercard ☐ VISA |                | Collowing information:  |            |  |
| Credit Card #                                  |                | Card Expirati           | on date    |  |
| Signature                                      |                | Date                    |            |  |
| Special  |                |                         |            |  |
| Do you currently treat p                       | atients with   | opioid dependence?      | ☐ Yes ☐ No |  |